

Tips for visiting the ILLINOIS STATE CAPITOL

When meeting with state legislators:

Do



- Know your senator & representative by name.
- Use your own words & convey your own story.
- Leave a note if your legislator is unable to meet with you to say you're sorry you missed him/her. Include your phone number so you can be contacted when your legislator is back in their district.
- Send a thank you note after visiting with your legislator. Recap your conversation & offer your assistance.

Don't



- Knowingly misstate or use a fact incorrectly. If you don't know the answer to a question, don't fake it. Offer to find out the answer & get back to them soon.
- Leave out essential details.
- Interject party politics or criticize other legislators.
- Attempt to play one chamber against the other.
- Criticize the opposition.
- Threaten to "work against" or not vote for your elected official.



Illinois
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